

Do You Suffer From Any of the Problems Below?

Please Check All That Apply

Affecting the Head and Face:

Chronic Headaches?

Migraine

Sinus and Cluster Headaches?

TMJ/TMD?

Forehead Pain?

Scalp Pain or Sensitivity to Touch?

Headaches at the Back of the Head?

Discomfort or Pain of the Face?

Pain in the Cheek Muscles?

Locking of the Jaw, Opened or Closed?

Limited Opening of the Jaw?

Jaw Deviates to One Side When Opening?

Daytime Symptoms:

Excessive Daytime Sleepiness

Non-restorative Sleep

Poor memory, clouded intellect

Fatigue

Morning headache

Decreased sex drive, impotence

Depression, irritability

Gastro-esophageal reflux (Gerd)

Personality changes

Nighttime Symptoms:

Snoring, intermittent with pauses

Snorting, gasping

Awakening with gasping or choking

Apnea, pauses in breathing

Frequently awakening

Sweating

Fragmented, non-refreshing, light sleep

Thrashing in bed

Insomnia

Name: _____

Date: _____